

Below is a brief list of ornamental water plants that have either edible parts or can be used as a food source after proper preparation.*

Walker Avenue Nursery

Edible Aquatic Plants

Botanical Name	Common Name	Edible Part	Habit
<i>Acorus calamus</i>	Green Giant Sweet Flag	rhizome	Bog
<i>Acorus calamus</i> 'Variegatus'	Variegated Giant Sweet Flag	rhizome	Bog
<i>Acorus gramineus</i>	Japanese Sweet Flag	rhizome	Marginal
<i>Acorus gramineus</i> 'Ogon'	Golden Sweet Flag	rhizome	Marginal
<i>Acorus gramineus</i> 'Pusillus'	Dwarf Sweet Flag	rhizome	Marginal
<i>Acorus gramineus</i> 'Variegatus'	Variegated Sweet Flag	rhizome	Marginal
<i>Alisma plantago aquatica</i>	Water Plantain	roots	Bog
<i>Aponogeton distachyus</i>	Water Hawthorne	Tuberous corms, leaves and flowers	Submerged
<i>Bacopa monniera</i>	Smooth Water Hyssop	leaves and stems	Marginal
<i>Canna</i> 'Endeavor' (Longwood Hybrid)	Canna Endeavor	rhizome	Bog
<i>Canna</i> 'Erebus' (Longwood Hybrid)	Canna Erebus	rhizome	Bog
<i>Canna flaccida</i>	Canna Florida Native	rhizome	Bog
<i>Canna</i> 'Taney' (Longwood Hybrid)	Canna Taney	rhizome	Bog
<i>Ceratophyllum demersum</i> (Syn. <i>C. apiculatum</i>)	Hornwort	leaves and stems	Floating
<i>Colocasia esculenta</i>	Green Taro	corms and tubers, must process safely	Bog
<i>Colocasia esculenta</i> 'Black Magic'	Black Taro	corms and tubers, must process safely	Bog
<i>Colocasia esculenta</i> 'Fontanesii'	Violet-Stem Taro	corms and tubers, must process safely	Bog
<i>Colocasia esculenta</i> 'Illustris'	Imperial Taro	corms and tubers, must process safely	Bog
<i>Cyperus papyrus</i>	Giant Egyptian Papyrus	rhizomes and young shoots	Bog

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Botanical Name	Common Name	Edible Part	Habit
<i>Eleocharis montevidensis</i>	Sand Spike Rush	tubers	Bog
<i>Eleocharis tuberosa</i>	Water Chestnut	corms	Bog
<i>Houttuynia cordata</i> 'Chamaeleon'	Variiegated Chameleon Plant	leaves and roots	Marginal
<i>Marsilea mutica</i>	Four Leaf Water Clover (Rainbow Nardoo)	Sporocarps - the pea-like fruiting structure	Emerging
<i>Mentha aquatica</i>	Water Mint	leaves	Bog
<i>Myriophyllum pinnatum</i>	Brown Foxtail	young shoots and leaves	Bog
<i>Nelumbo</i> 'Green Maiden'	Green Maiden Lotus	Leaves, seeds and tubers	Submerged
<i>Nelumbo</i> 'Mrs. Perry Slocum'	"Mrs. Perry Slocum" Lotus	Leaves, seeds and tubers	Submerged
<i>Nymphaea</i> sp.	Assorted Waterlily	Rhizomes, leaves, young flower buds, leaf stems	Submerged
<i>Nymphoides indica</i>	Water Snowflake/ White	young shoots and leaves	Submerged
<i>Oenanthe javanica</i>	Green Water Celery	leaves and stems	Bog
<i>Oenanthe javanica</i> 'Flamingo'	Variiegated Water Celery	leaves and stems	Bog
<i>Pistia stratiotes</i>	Water Lettuce	leaves	Floating
<i>Pontederia cordata</i>	Blue Pickerel	Seeds and young leaf stalks	Bog
<i>Pontederia cordata</i> 'Alba'	White Pickerel	Seeds and young leaf stalks	Bog
<i>Pontederia cordata</i> sp.	Pink Pickerel	Seeds and young leaf stalks	Bog
<i>Thalia geniculata</i> 'Ruminoides'	Red-Stemmed Thalia	rhizomes and young leaves	Bog
<i>Tulbaghia violacea</i>	Society Garlic		Marginal
<i>Tulbaghia violacea</i> 'Silver Lace'	Variiegated Society Garlic		Marginal
<i>Typha latifolia</i>	Common Cattail Rush (Cumbungi)	Young rhizome tips and flower spikes	Bog

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<i>Vallisneria americana</i>	Eelgrass	leaves	Submerged
<i>Zantedeschia aethiopica</i> <i>'Childsiana'</i>	Dwarf Calla Lily (Arum Lily)	young leaves	Marginal

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